

# WestHealth

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## Surgery Center

2855 Campus Drive  
2<sup>nd</sup> Floor  
Plymouth, MN 55441  
Phone: (763) 302-2800  
Fax: (763) 302-2801

### Pre-Surgical Checklist

- Complete Pre-operative phone call with surgery center staff
  - Arrival Time: \_\_\_\_\_:\_\_\_\_\_
  - Pre-surgical instructions provided
  - If indicated, any medical information provided
- Complete & Faxed Pre-Operative History and Physical
  - A physical examination must be performed by your family physician within 30 days before surgery
  - The examination form must be faxed to **763-302-2801**
- Complete **2 pre-operative Hibiclens® Showers (If instructed to do so by your surgeon)**
  - Shower twice before surgery using Hibiclens® antibacterial soap. Use it the night before and the morning of your surgery.
    1. Wash from the neck down.
    2. Wash (do not scrub) the area where your incision(s) will be for an additional 2-3 minutes.
    3. Do not apply lotions, powder or perfumes.
    4. Do not use Hibiclens® on your face, hair, genitals or rectal area.
- You are required to have a driver and 24-hour post-operative care giver if you are having anesthesia
  - You will not be allowed to use a cab, walk or drive home without a responsible adult.
- Prepare to bring a photo ID and insurance card(s)
- Review the surgery pamphlet