

WestHealth

Surgery Center

Preoperative Anesthesia Recommendations for History and Physical Examination*

Please Fax History and Physical to 763-302-2801

*Must be completed within 30 days of surgery unless otherwise directed. The Surgery Center recommends that the physical examination to be completed prior to the day before surgery to allow time for processing of tests.

Lab Recommendations

- **Hemogram:** patients being treated for cancer and/or receiving chemotherapy
 - **Hemoglobin:**
 1. Patients with anemia
 - **Blood Glucose or Accucheck:** for all diabetics
 - **Potassium:**
 1. Patients with renal disease
 2. Patients receiving diuretics must be within 14 days of surgery
 3. ****Patient with new diuretic script or dosage change within in the past 30 days must have their potassium level drawn and reported within 48 hours of surgical procedure.**
 4. Patient taking Digoxin within 48 hours of surgery
 5. Patients on any potassium depleting medication
 - **INR:**

Patients on Coumadin must have within 48 hours of the procedure. Notify Surgeon if the INR is greater than 2.5.
 - **NA/K/Chloride/C02, BUN, Creatinine:**

Patients with renal disease
 - **UPT:**

All females ages 12-50 who have not had a hysterectomy.
1. Instruct patient to take **cardiovascular, pulmonary, or seizure medication** as directed by prescribing Physician for the morning of surgery. Any medications instructed to take, should be taken with small glass of water.
 2. **Diabetics:** Patient on oral medication for diabetic control should be instructed to take their evening dose but to hold the morning dose the day of surgery. Insulin dependent diabetics should follow the recommendations of their prescribing Physician.
 3. **Pulmonary Disease:** Patients with asthma or COPD should use inhalers the morning of surgery. Instruct them to bring their inhaler with them to the Surgery Center.
If available, please acquire O₂ saturation reading.

If you have any further questions regarding preoperative requirements, please contact WestHealth Surgery Center at 763-302-2800..